

Edge School - Covid-19 General Rules

In our attempt to maintain a safe and sanitary environment for all students, athletes, staff and families, please respect the following 'General Rules' in our facility. Please note that additional rules and procedures will be in effect for each of our specific areas (studios, gyms, DPC, arenas, etc.) and may be modified at any time.

Proper signage and procedures are in place. Specific entry and exit plans for each of our facilities are indicated. Hand sanitizing stations have been added. Improved cleaning schedules are now in place. We ask that you work with us in order to help keep our facility, our staff, our students and our clients safe and healthy.

All patrons and clients who wish to enter Edge School during the declared pandemic have the understanding of the increased risk of Covid-19. You will enter the building at your own risk.

Thank you for your cooperation!

Social Distancing:

- *There can be no carpooling to travel to Edge School unless individuals are from the same household.*
- *No physical gatherings of any size are permitted in the parking lot areas. Tailgating is prohibited in the parking lot.*
- *Individuals must maintain physical distancing of at least 2 metres from others, unless they are from the same household.*
- *There can be no shaking of hands, high fives, fist bumps, etc. between individuals.*
- *Individual or group instruction must only be conducted with appropriate physical distancing of at least 2 metres, unless the individuals are from the same household.*
- *There can be no loitering after training sessions.*
- *After activities, individuals must maintain physical distancing when returning to vehicles or homes.*

Hygiene:

- *Caution should be taken around common touch points; proper hand hygiene should be practiced.*
- *Wash your hands frequently.*
- *Refrain from touching your face with unclean hands.*
- *Practice respiratory etiquette.*
- *Cough or sneeze into the crook of your elbow.*
- *No spitting, clearing of nasal passages, handshakes, high fives, fist bumps, chest bumps, or group celebrations allowed.*
- *No sharing towels, clothing, and other personal items.*
- *No sharing of water bottles or food.*
- *Carry and use hand sanitizer containing at least 60% alcohol content.*
- *Wear a mask in public places to help limit the risk of spread to others if you will be within 2 metres of people other than members of your own household.*

Sanitization:

- *Activities in public spaces should not include the sharing of common equipment, unless the individuals are from the same household.*
- *Clean and disinfect equipment prior to and after use. Equipment should be assigned to individuals only. Items may not be shared unless done so by members of the same household.*
- *Hand washing stations and/or hand sanitizer containing at least 60% alcohol is available for patrons.*
- *Please observe all signs outlining policies and procedures.*
- *Please note that our staff will be visible on property and understand that they will be there to help enforce the physical distancing procedures. Those not following these procedures will be asked to leave the facility.*
- *These procedures are in effect until further notice. As this situation progresses, we will continue to monitor all developments and update our policies and procedures accordingly.*

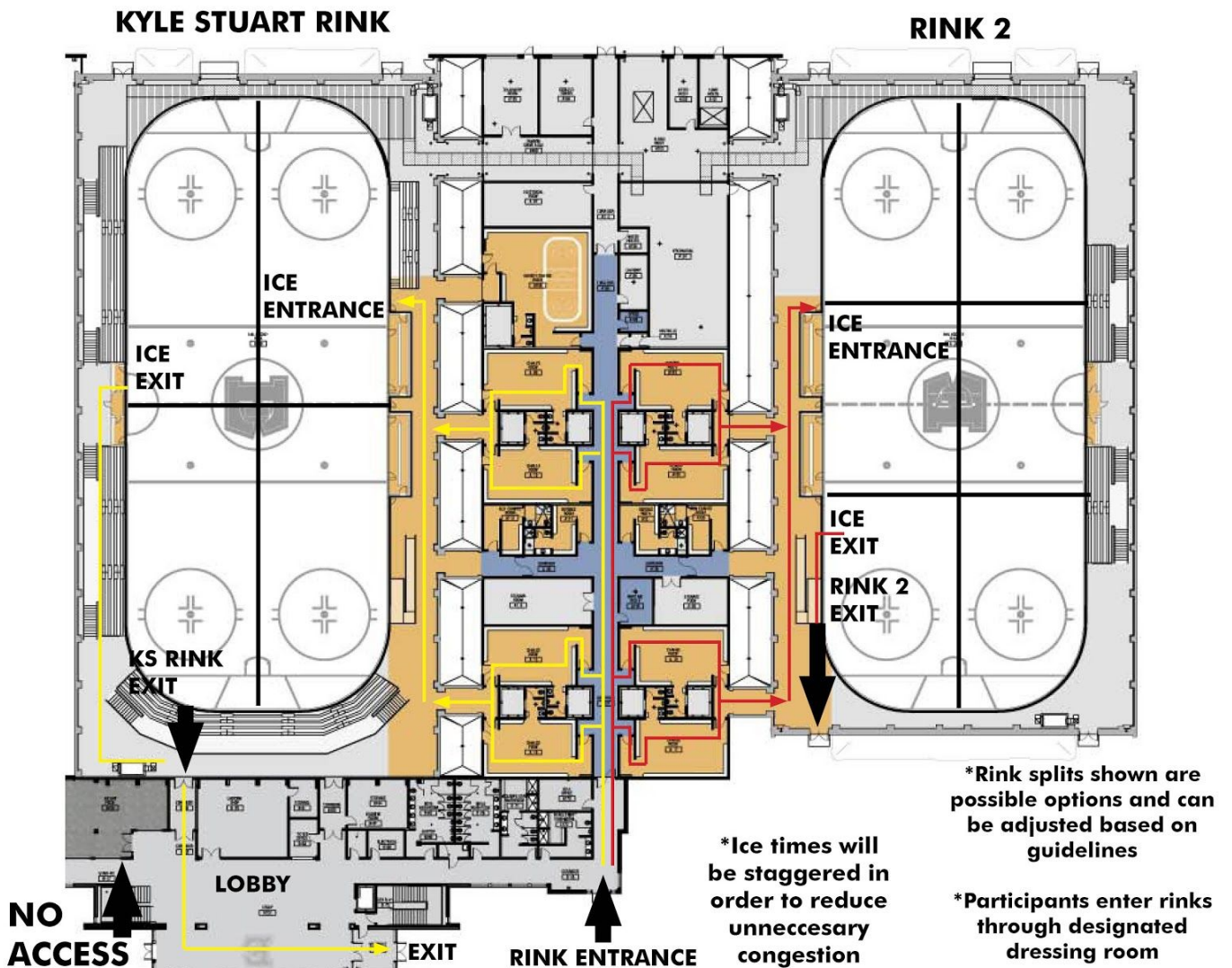
Edge School - Covid-19 Arena Rules

In addition to the General Rules listed above, further ‘facility specific’ rules are as follows:

- *If you are driving a student/athlete to the school, please note that you will not be allowed to enter the arena complex. Also, please respect all social distancing guidelines if you are waiting for your child in the parking lot.*
- *Athletes may not arrive any earlier than 10 min before your scheduled ice time.*
- *Early access to Edge School arenas is not permitted. If you are early, please wait in your car or ‘socially distanced’ outside.*
- *Physical distancing of 2m is mandatory on and off the ice.*
- *You will enter through the ‘Hockey Hallway’ arena entrance and follow the floor signage to your arena (signs will be posted accordingly).*
- *Ice times will be staggered between the two arenas, in order to prevent unnecessary congestion in the ‘Hockey Hallway’.*
- *Change rooms are now available. Please respect the social distancing signage in each room. There can be no more than 12 people per dressing room.*
- *Showers are still not available at this time.*
- *Spectators are not allowed inside the arenas.*
- *Daily records will be kept on attendees in order to facilitate contact tracing in the event of an outbreak.*
- *The instructor will ask if athletes have had their temperature checked (by themselves or their parents) at home.*
- *The instructor will ask if athletes have referred to the Alberta Health Services Covid-19 Screening Questionnaire in order to check for symptoms.*
- *The instructor will ask if athletes feel flu-like symptoms, have traveled recently, or know someone with Covid-19.*
- *If the instructor is not satisfied with any of these responses, he/she may ask the athlete to leave the facility.*
- *There will be no group gatherings on the ice at any time. This includes the instruction of drills; physical distancing is always in effect.*
- *Ice sessions for hockey will consist of individual skills training only (skating, puck skills, conditioning, etc.).*
 - *There can be no drills involving body contact unless you are part of a designated ‘Cohort’. For details on the nature of cohorts, please refer to AHS guidelines:*

<https://open.alberta.ca/dataset/89104c69-febd-4270-ad15-6d9d48bb52eb/resource/6fbf7e53-2657-4200-9c75-89f148b0759e/download/covid-19-relaunch-guidance-day-camps-2020-0622.pdf>

- Goalies are permitted on the ice, however, social distancing guidelines must be followed. Shots on the goaltender may be taken, but rebounds must not be followed up with in the crease (within a 6 foot radius).
- Once your ice session and you are changed, you will exit the arena via a different exit plan for each arena. All Kyle Stuart Arena players will exit the arena using a doorway into the lobby, then out the main sliding doors of the school. All Rink 2 players will exit the arena using the exit door inside Rink 2. This exit will take you directly outside, to the main parking lot (signs will be posted accordingly).
- As many doors as possible will be propped open in order to limit physical contact. (NOTE: some doors may need to remain closed due to ice conditions in the arenas).
- Hand sanitizer dispensers will be available around the facilities.
- Washrooms will not be available in the arenas. Instead, please use the washrooms located in the hallway connecting the 'Hockey Hallway' and the Main Lobby.
- Other areas of Edge School will be off limits.
- Please note that our staff will be visible on property and understand that they will be there to help enforce the physical distancing procedures. Those not following these procedures will be asked to leave the facility.
- Failure to comply with these rules, either on or off the ice, will result in the participant(s) being asked to leave the facility. Future rentals/bookings at Edge School would also be at risk.



Screening Checklist

If an individual answers yes to any of the questions, they must not be allowed to participate in the sport. Children and youth will need a parent to assist them to complete this screening tool.

1. Does the person attending the activity, have any of the below symptoms: CIRCLE ONE

<i>Fever</i>	<i>YES NO</i>
<i>Cough</i>	<i>YES NO</i>
<i>Shortness of Breath / Difficulty Breathing</i>	<i>YES NO</i>
<i>Sore throat</i>	<i>YES NO</i>
<i>Chills</i>	<i>YES NO</i>
<i>Painful swallowing</i>	<i>YES NO</i>
<i>Runny Nose / Nasal Congestion</i>	<i>YES NO</i>
<i>Feeling unwell / Fatigued</i>	<i>YES NO</i>
<i>Nausea / Vomiting / Diarrhea</i>	<i>YES NO</i>
<i>Unexplained loss of appetite</i>	<i>YES NO</i>
<i>Loss of sense of taste or smell</i>	<i>YES NO</i>
<i>Muscle/ Joint aches</i>	<i>YES NO</i>
<i>Headache</i>	<i>YES NO</i>
<i>Conjunctivitis</i>	<i>YES NO</i>

2. Have you, or anyone in your household, travelled outside of Canada in the last 14 days?

YES NO

3. Have you or your children attending the program had close unprotected* contact (face-to-face contact within 2 metres/6 feet) with someone who is ill with cough and/or fever?

YES NO

4. Have you or anyone in your household been in close unprotected contact in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?

YES NO

If you have answered “yes” to any of the above questions do not participate. Go home and use the AHS Online Assessment Tool to determine if testing is recommended.